

CENTRAL



Swim News

September 2020

Latest News....

Central Aquatic Swimming Club would like to welcome you to season 2020/21. If you haven't signed up yet, but would like to, please head to the [online registrations](#) on our website. The current season's memberships expire on the 30th of September, so don't delay in renewing your membership so you don't miss the start of the season....

Welcome to all 2020/21 committee members, we are looking forward to another super successful year in and out of the water. Now that we have club rooms at Bayswater Waves, we will be able to run additional social, lifesaving and swimming related development programs.

The long course calendar is nearly ready Stay tuned though, all members will receive an email notifying them of the plan ahead of time. Additionally, when you log into My Swim Results, you will now be able to see the club's target meets at the top of your news feed.

News Feed



SunSmart SWA LC Qualifying Meet #1
Club is targeting the [SunSmart SWA LC Qualifying Meet #1](#).

Upcoming Events

17th-18th October - Long Course Qualifying Meet 1

31st October - Open Water Round 2 Coogee

8th November - Lake Leschenaultia Swim and Canoe Afternoon

14th November - North Zone Qualifying Meet

15th November - Mandurah Long Course Classic

28th November - Open Water Round 5 State Championships Rockingham

Stay Informed....

Up-to-date information can be found on our website

www.centralaquatic.com.au

Email the committee - memberservices.CAQswim@gmail.com

Keep an eye on the whiteboard on pooldeck

Find us on Facebook and Instagram



[@centralaquaticswimmingandlifesavingclub](https://www.facebook.com/centralaquaticswimmingandlifesavingclub)



[@centralaquatic](https://www.instagram.com/centralaquatic)

An O-fish-al Happy Birthday to the following people...

October

1st Will H
3rd Alex R
8th Jack
9th Finn S
10th Katie
11th Josh M
28th Kenzie



November

5th Sasha
7th Tom T
9th Makarla
20th Jada
25th Jasmin K
29th Tristyn

Season Highlights

CAQ had an amazing year last year with an increase of over 20 new members for the season and nearly all of our current members returning. We would like to keep the growth mindset and improve on our numbers again this season, so if you know of anyone who loves to swim, bring them down and introduce them to the family!!



The largest ever contingent of CAQ swimmers gave open water a go and two of our age swimmers qualified for Nationals. We look forward to another great season of swimming in the ocean which goes hand in hand with our lifesaving skills. The season kicks off again at Coogee on the 31st of October.



Andrew Morris represented the club at Open Water Nationals in Adelaide over the Australia Day weekend in January.....well done Andrew for making the time, making the trip and making us proud!

Our age and open state swimmers who killed it last December, coming from nowhere the previous year, to finish 13th out of 25 teams. Harry leading the charge medalling in all events and garnering a massive 68 points for the team with 1 silver and 6 gold medals!!

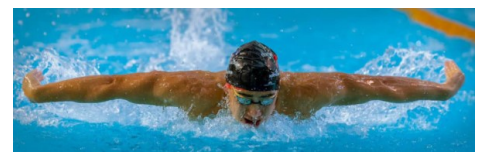
Our lifesaving kids did us proud with 5 of our juniors competing in the junior lifeguard challenge leading up to Nationals at HBF Stadium in January. Well done to these kiddos and to Finn and Jas who represented CAQ and WA in superb fashion medalling in the line throw and taking the crown for the U16 SERC (simulated emergency response competition). They carry on CAQ's proud history of lifesaving success at National level and we're looking forward to continued success this year!!



Our wonderful lifesaving coach Tom Ballantyne was recognised as Official of the Meet at this year's Lifesaving Nationals and he backed it up with the local City of Bayswater Blue Ribbon Club Volunteer award. Joined by Adrian Rogers with his well deserved Elite Athlete award, we celebrate both these extraordinary ambassadors of our club!



Harry made the SWA Honours Roll and the papers when he won the prestigious Frank Osman Memorial Shield in May this year.....the photographers love you too.....your modelling career out of the pool has had a massive kickstart in the water over the last 12 months!



This dream team of 27 brought home the C grade Divisional Championships in March. Anchored by our amazing juniors, and finished off by our older swimmers, the whole team swam as one to take out five 1sts, two 2nds and a 3rd from the nine relay swims.



Our kids had a busy year helping us to fundraise in the community at local markets and selling chocolates, competing at regional meets, participating in lifesaving beach days, canoe days, pizza nights and even a weekend in Rotto.

WE LOOK FORWARD TO MAKING OUR HOME IN OUR NEW CLUBROOMS AND CELEBRATING THE GREAT CLUB, THE GREAT TEAM AND THE GREAT FAMILY WE ARE!!

BRING ON SEASON 2020/2021!!

