

Date	Activity	Preparation	Time	Location
10-Aug-19	First Aid		9am	Bayswater Waves
24-Aug-19	CPR	Online Tutorial	9am	Bayswater Waves
01-Sep-19	Pool Development Session		3pm	HBF Stadium
07-Sep-19	Manikin Carry		9am	Bayswater Waves
08-Sep-19	Pool Development Session		3pm	HBF Stadium
15-Sep-19	Pool Development Session		3pm	HBF Stadium
21-Sep-19	Manikin Carry		9am	Bayswater Waves
29-Sep-19	Pool Development Session		3pm	HBF Stadium
05-Oct-19	Obstacles		9am	Bayswater Waves
06-Oct-19	Pool Development Session		3pm	HBF Stadium
19-Oct-19	Line Throw		9am	Bayswater Waves
20-Oct-19	State Trials	Register		
27-Oct-19	State Trials	Compulsory attendance for State selection		
02-Nov-19	SERC			

All sessions at Bayswater Waves are for 60 minutes

All sessions at HBF stadium are for 90 minutes